

PERFECT PEACE: SCRIPTURES FOR ANXIETY & REST (KJV)

- **Isaiah 26:3** “Thou wilt keep him in perfect peace, whose mind is stayed on thee...”
- **Philippians 4:6–7** “Be careful for nothing; but in every thing by prayer and supplication with thanksgiving let your requests be made known unto God. And the peace of God, which passeth all understanding, shall keep your hearts and minds through Christ Jesus.”
- **John 14:27** “Peace I leave with you, my peace I give unto you: not as the world giveth, give I unto you. Let not your heart be troubled, neither let it be afraid.”
- **Psalms 4:8** “I will both lay me down in peace, and sleep: For thou, LORD, only makest me dwell in safety.”
- **1 Peter 5:7** “casting all your care upon him; for he careth for you.”
- **Psalms 34:4** “I sought the LORD, and he heard me, And delivered me from all my fears.”
- **Psalms 91:1–2** “He that dwelleth in the secret place of the Most High Shall abide under the shadow of the Almighty. I will say of the LORD, He is my refuge and my fortress: My God; in him will I trust.”
- **2 Timothy 1:7** “For God hath not given us the spirit of fear; but of power, and of love, and of a sound mind.”
- **Psalms 46:10** “Be still, and know that I am God: I will be exalted among the heathen, I will be exalted in the earth.”
- **Matthew 11:28** “Come unto me, all ye that labour and are heavy laden, and I will give you rest.”